

Hub Interim Maintenance Treatment Guidance

Subject: Interim Maintenance Treatment

What is Interim Maintenance Treatment?

- 42 CFR Part 8 defines Interim Maintenance Treatment as “maintenance treatment provided in conjunction with appropriate medical services while a patient is awaiting transfer to a program that provides comprehensive maintenance treatment”
- This provision allows for medication management and access to emergency supports, while removing the federal requirements for psycho-social supports during the interim dosing period.
- Interim Maintenance Treatment must be conducted in accordance with 42 CFR Part 8.
- The authorization of the Hub to provide interim maintenance treatment must not otherwise reduce the capacity of the Hub to admit individuals.

To Request to Utilize Interim Maintenance Treatment:

Before a public or nonprofit private OTP may provide interim maintenance treatment, the program must receive the approval of both SAMHSA and the chief public health officer of the State of Vermont.

A Hub will submit program and/or individual request to Vermont Department of Health, Alcohol and Drug Abuse Programs. The request will contain:

- The reason for the request
- an individual and/or facility-wide transition plan to ensure compliance with Federal and state rules and to ensure full admission within the 120 day-timeline.
- A description of the impact of Interim Maintenance Treatment on Hub capacity

SAMHSA will provide notice to the OTP denying or approving the request to provide interim maintenance treatment. The OTP shall not provide such treatment until it has received such notice from SAMHSA.

Time limits for Interim Maintenance Treatment:

Patients must be fully admitted for discharged within 120 days.

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